

# MANNA'S

## Martial Arts

### ENROLLMENT APPLICATION Part 1 of 4

#### REQUESTED AGE SPECIFIC PROGRAM

- Tiny Tigers (Ages 3 & 4)
- Little Dragon (Ages 5 & 6)
- Dragon (Ages 7 through 12)
- Teen/Adult (Ages 13 to 29)
- Songin (Minimum age 30)
- Kickboxing (Min. Ages 13)
- VIP Program- Try It
- Private Enrollment
- After School Program
- Summer Camp
- Outreach Program at: \_\_\_\_\_

MANNA'S MEMBER #: \_\_\_\_\_

PARTICIPANT

NAME: \_\_\_\_\_  
First Middle Initial Last

E-MAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_  
STREET ADDRESS

HOME PHONE: ( \_\_\_\_\_ ) \_\_\_\_\_  
CITY STATE ZIP CODE

SCHOOL ATTENDING: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_

PREVIOUS MARTIAL ART EXPERIENCE: YES  NO  (IF YES, EXPLAIN ON BACK OF TOP PAPER)



**MALE FEMALE**  
Dressing rooms are supplied for specific genders. Those who identify differently will be provided separate accommodations.

**CONTACT 1:** \_\_\_\_\_ **NAME:** \_\_\_\_\_  
First name Last name

**HOME PHONE:** ( \_\_\_\_\_ ) \_\_\_\_\_ **CELL/WORK:** ( \_\_\_\_\_ ) \_\_\_\_\_

**CONTACT 2:** \_\_\_\_\_ **NAME:** \_\_\_\_\_  
First name Last name

**HOME PHONE:** ( \_\_\_\_\_ ) \_\_\_\_\_ **CELL/WORK:** ( \_\_\_\_\_ ) \_\_\_\_\_

#### THE BENEFITS I LOOK TO GAIN FROM FITNESS TRAINING?

- SPORT  FITNESS  CARDIOVASCULAR  STRENGTH  BREATHING  FLEXIBILITY  POWER  FRIENDSHIP
- FOCUS  SELF DEFENSE  SELF CONFIDENCE  LEADERSHIP  CALMNESS  FAIRNESS  SOCIAL SKILLS

#### HEALTH CONDITION:

HOSPITALIZED IN THE PAST THREE YEARS? YES  NO  IF YES, PLEASE EXPLAIN: \_\_\_\_\_

ANY TYPE OF ALLERGIES ? YES  NO  IF YES, PLEASE EXPLAIN: \_\_\_\_\_

ANY PHYSICAL, MENTAL CONDITION(S) AND/OR MEDICATION? YES  NO

ANY AND ALL PHYSICAL/MENTAL CONDITIONS AND/OR CHALLENGES: \_\_\_\_\_

I HAVE ADDED "ADDITIONAL NOTES ABOUT APPLICANT" FORM AN120, Initial and date here: \_\_\_\_\_/\_\_\_\_/\_\_\_\_

Initial here:

\_\_\_\_\_  
I agree that participating in martial arts and any sports games are physical activities that may include contact by students and instructors. I agree to hold harmless Manna's Martial Arts, Inc., owners and instructors, and assume the risk for all injuries on behalf of myself and my family members for any and all participation in activities at Manna's Martial Arts, Inc. All paid fees are non-refundable. To the best of my knowledge all of the above information is true.

THE \_\_\_\_\_ DAY OF \_\_\_\_\_, 20\_\_\_\_. You must have a Release and Consent to Treat Form on file.

MEMBER: \_\_\_\_\_  
SIGNATURE

PARENT: \_\_\_\_\_  
SIGNATURE (IF MEMBER IS UNDER 21)

# MANNA'S MARTIAL ARTS

## ENROLLMENT APPLICATION Part 2 of 3

### PARTICIPANT



NAME: \_\_\_\_\_  
First Last

E-MAIL: \_\_\_\_\_

HOME PHONE: ( \_\_\_\_\_ ) \_\_\_\_\_  
Age

Keep on file for all programs until notified

#### REQUESTED AGE SPECIFIC PROGRAM

- Tiny Tigers (Ages 3 & 4)  Try It Program
- Little Dragon (Ages 5 & 6)  Birthday Party
- Dragon (Ages 7 through 12)  After School Program
- Teen/Adult (Ages 13 to 29)  Summer Activity Camp
- Songin (Minimum age 30)  Outreach Program at:
- Kickboxing (Min. Ages 13)  \_\_\_\_\_

MANNA'S MEMBER #: \_\_\_\_\_

## Release page 1 of 2

### Warning, Waiver, Release of Liability and Agreement to Participate

In consideration of being permitted to participate in any way, including travel to and from, in any martial art practice, tournament, clinic, sports camps, sports activities, after school activities, testing and or related events, and activities of Manna's Martial Arts, Inc., "Manna's", The Educational Martial Arts System, Inc., Varsity Martial Arts League, Kickboxing, and related programs at Manna's, I hereby:

1. As it applies to martial arts training, I agree and acknowledge that I will become familiar with the martial arts, self defense and its related activities, and will review and learn the rules governing them before participating in any lessons. Studio rules and procedures may be reviewed and downloaded at <http://www.manna.us/manual.html> then download .pdf file (review see 19 and 23 through 26).
2. Agree that prior to participation, I will inspect the mats, equipment and facilities, and if I believe anything is unsafe or beyond my capability, I will immediately advise my instructor, supervisor, coach, and/or a tournament official of such conditions and refuse to participate, if I am participating online, I will abide by the same guidelines.
3. Acknowledge and fully understand that I will be engaging in a contact activity that might result in serious injury, including permanent disability or death, and severe social and economic losses due not only to my own conduct, but also to the conduct of others, the performance of the activity, conditions of the premises, or of any equipment used. I, also acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time, including, but not limited to, any form of contact or shared contact through touching or proximity of involvement.
4. Acknowledge and accept the risks involved in these activities, and assume all such risks and accept personal responsibility for the damages following such injuries, permanent disability, or death. These risks of injury may result in online training.
5. Release, waive, discharge and covenant not to sue Manna's, including its agents, employees, officers, directors and volunteer instructors, coaches and leaders, event officials, medical personnel, other participants, their parents, guardians, supervisors, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of the premises used in conducting the event, all of whom are hereinafter referred to as "Releases," from any and all claims, demands, losses, or damage on account of injury, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligence or wrongful conduct of any release or otherwise, to the fullest extent permitted by law. I understand that I (we) are not covered by any insurance other than our own policies.
6. Additionally agree that as parents or legal guardians of minor participants (age 18 and below), I will inform the minor participants to the above warnings and conditions and their ramifications, and that I consent to the minor's participation.







